



ROYAL MOTOR YACHT CLUB

CHILDREN'S SAIL TRAINING WEEK

MONDAY 27th JULY – FRIDAY 31st JULY 2026

INFORMATION PACK : CONTENTS

Introduction to Sail Training Week	Pages 2 - 4
Sail Training Week Application Form	Pages 5 - 6
Helper's Application Form	Page 7



THE ROYAL MOTOR YACHT CLUB

CHILDREN'S SAIL TRAINING WEEK MONDAY 27th JULY – FRIDAY 31st JULY 2026

Details

The Sail Training Week (STW) seeks to introduce children to sailing and through this, encourages their interest in waterborne sports and activities. The RMYC has run a very successful series of courses in the past and I hope that you will feel able to give us your continuing support.

The aim is to teach juniors (Under 16) and youths (Under 19) by offering either a **Beginner's Course** or **RYA Start Sailing Stages 1, 2, 3 or 4** using a range of single-handed and two-handed dinghies.

Course description:

The Beginner's Course is an introduction to the RYA Stages, and a certificate will be awarded to every child who completes the course.

Stage 1: Minimal amount of experience has tried sailing before. Launching and recovery, sailing across the wind, turning around, steering, and basic parts of the boat. Able to sail across the wind, steer and understand the basic principles of sailing.

Stage 2: Basic knowledge of steering ability to Stage 1 standard. Basic sailing skills, ropework, collision avoidance. Able to tack and control boat speed and understand basic principles.

Stage 3: Up to and including Stage 2 standard. Rigging, launching and recovery, sailing techniques, capsized recovery, sailing theory. Able to launch and sail a single handed dinghy around a triangle in moderate conditions.

Stage 4: Up to and including Stage 3 standard. Launching and returning to a beach, jetty or mooring, and sailing a crewed dinghy. Able to launch and sail a crewed dinghy around a triangle in moderate conditions.

A mornings-only RYA **Start Racing** advanced module will be available for children who have completed Stage 4. A **Dinghy Instructor Course** is also available to the youth age group (aged 16 and over, including parents), this includes assisting with instructing in the morning and receiving coaching in the afternoon.

Children generally make best progress from one stage to the next when they have had sailing experience in addition to STW. If they have not sailed in addition to STW, they must spend the first few days relearning what they learned last year, so therefore, they may find it more difficult to progress from one stage to the next'.

Sailing instruction will be carried out as a series of either morning or afternoon sessions. For Beginners, Stage 1, and Stage 2 please indicate your preference for a morning or afternoon course. Please note due to the time allocation of each course, it may not be possible for siblings to attend the same time slot. We will try to accommodate your request for siblings/friends to be together, but this cannot be guaranteed. Please provide the names of siblings/friends on page 6 of the form.

The minimum age for children taking part is 8 years old, which is in line with RYA guidance. The fee for 2026 will be **£250 per child**.

Applications

Members who would like their children or young relatives to participate are asked to return the Application Form on page 4, **by Friday 5th June 2026** at the latest. *All children must be a Cadet or Family Member of the RMYC. If they are not, we will need a completed Cadet Membership Application Form along with the Cadet subscription of £50 for 2026. Membership forms are available from the office.*



Consent letter: If your child is to walk home, a consent letter along with your contact details, including Mobile number, must be provided with the application.

Photographs: We sometimes take photos and/or videos during our activities. Please let us know your preference for the way in which we can use photos of your child.

- a) **Photos/videos can be shared and published and used for marketing** - this means I am happy for photos, videos, storytelling and other visual and audio content of my child to be taken/collected, used for promotional and marketing purposes, published in public-facing media and shared within the Club and local newspapers.
- b) **Photos/videos can be used for Club use only** – this means I am happy for photos, videos, storytelling and other visual and audio content of my child to be taken/collected, used as record of Club activities, not published in any public-facing media and not shared outside the Club. This may include Club specific social media channels (that are closed to the public).
- c) **Do not take photos/videos** – this means I do not want photos, videos, storytelling and other visual and audio content featuring my child to be taken.

Health & Welfare Acknowledgement

Our Policy Statement is as follows:

- The child's/young person's/vulnerable adult's welfare is paramount.
- All individuals whatever their age, culture, disability, gender, language, racial origin, religious belief and/or sexual identity, have the right to protection from abuse.
- All suspicions and allegations of inappropriate behaviour will be taken seriously and responded to swiftly and appropriately.
- As defined in the Children Act 1989, anyone under the age of 18 years should be considered as a child (young person) for the purposes of this document.

The RMYC welfare officer is Mr Neil Earle (GM) 01202 707227 gm@rmyc.co.uk

All of the practical courses we run require a certain level of physical activity and the waves and wash the vessels pass over/through will create impacts on the body. If you have any concerns about the participant's ability to take part in the course due to health or fitness reasons you should consult their doctor and consider whether the course is appropriate.

The RMYC cannot conduct training with a child / U18 on a one-to-one basis.

I hereby confirm I understand all the above and confirm the following;

- A parent / guardian will be immediately contactable during the duration of the course.
- To ensure the RMYC are aware of any relevant fact relating to the individual ahead of the course.
- To ensure RMYC are aware of any medical conditions that may affect the participation on the course.
- As Parent / Guardian, I give permission for an instructor or RMYC staff member to administer any relevant medication or treatment to the named individual as / when considered necessary.
- If the need arises, you allow RMYC staff / instructor to take the named individual to hospital and give full permission for any treatment required to be carried out in accordance with the hospital's diagnosis.
You understand that you will be notified as soon as practicable of any treatment / hospital visit

Payment. Payment can be made with a debit/credit card either at the office or by 'phone, or via BACS. Alternatively, payment can be made by cheque payable to Royal Motor Yacht Club. ***When posting any completed forms or payments, please use the Royal Mail 'Signed For' or 'Special Delivery' service. Thank you.***

If your child already has a logbook, we strongly recommend that you do not post it. You can either hand it into the office before STW or bring it to the Briefing Meeting on Sunday 26th July. Alternatively, hand it in upon registration on 27th July.



Volunteer Helpers

We are always extremely grateful to our volunteer helpers who make STW such a success. As in previous years, we will be pleased to hear from any member who is prepared to help in any way, either afloat (safety or support boat crew) or ashore (tuck shop, reception, etc).

For those parents who are not qualified or experienced as a safety helm, or safety crew, there is now an opportunity afloat as a 'safety helper' They will be the third person in the safety boat, which will provide an opportunity for parents to gain valuable experience from a qualified safety crew.

If you can help in any way, please complete the form on page 7 and return it to the Club. Please note, we may not contact you to make firm arrangements until mid-June - so don't panic if you don't hear from us until then!

Important Information (please read)

All RYA dinghy sailing stages have certain criteria which must be passed in order to gain the RYA certificate. There are a number of skills in several different headings, and, within each heading, there are many items to be 'ticked off' as they are passed. RMYC Instructors tick off each of the items, per participant, day-by-day during the week. There is also a mid-week feedback on the Wednesday, if necessary.

At the end of the week, if the participants have everything ticked off, they get the RYA Certificate. If they haven't, the instructors will have recorded progress which the RMYC office keeps, ready for next year's training. In particular, as beginners, participants receive an RMYC Beginners Certificate to show they are on the way to achieving Stage 1.

If a child did not achieve a particular stage last year, then it may be worth applying for the 'next stage'. For example, if a child didn't quite make Stage 1 last year, then this year they could apply for Stage 2. They should then quickly finish Stage 1 and start working towards Stage 2. If they achieve everything necessary within the week, they may get both Stage 1 and Stage 2 RYA Certificates.

The RMYC recommends getting the RYA Youth Sailing Scheme syllabus and logbook. It is available from the office or can be found on the RYA website or, perhaps, at a local chandlery. It includes a list of all the items per stage, so you can clearly see all the requirements and track the progress more closely.

At the RMYC we are committed to preparing our young sailors to be safe, skillful, and fun-loving afloat. Sailing in the tidal waters off Brownsea is quite an experience – and one which may not be available at other sailing centres. Potentially, whilst not having achieved a particular stage, Sail Training Week participants should be more capable, safer and faster (if that matters!) with this tidal sailing experience.

STW Briefing Meeting

The briefing meeting for children and their parents/grandparents will be held in the Edinburgh Suite at the RMYC at 18.00 on 26th July. It is a chance to meet the instructors and other people involved and hear, at first hand, the detailed arrangements that have been made for Sail Training Week.

Powerboat Training

Finally, the Club will be holding a limited number of powerboat training courses for level one and level two Between 16th August and 20th September. Please contact the office to express an interest or if you would like more details regarding specific dates and costs.

Julie Reid
Sailing Training Week Organiser



CHILDREN'S SAIL TRAINING WEEK 2026 : APPLICATION FORM

Name of Child 1 (C1):		Date of Birth:	/ / <u>Age:</u>
Name of Child 2 (C2):		Date of Birth:	/ / <u>Age:</u>
Name of Child 3 (C3)		Date of Birth:	/ / <u>Age:</u>
Membership Number:	C1 <input type="checkbox"/> C2 <input type="checkbox"/> C3 <input type="checkbox"/>	Cadets <input type="checkbox"/> Part of Family Membership <input type="checkbox"/>	
Swimming Ability:	Non-swimmer: C1 <input type="checkbox"/> C2 <input type="checkbox"/> C3 <input type="checkbox"/> Swimmer (50mmin.): C1 <input type="checkbox"/> C2 <input type="checkbox"/> C3 <input type="checkbox"/> Strong Swimmer: C1 <input type="checkbox"/> C2 <input type="checkbox"/> C3 <input type="checkbox"/>		
Course required: <i>(NB child must have passed previous stage before moving on)</i>	Beginner*: C1 <input type="checkbox"/> C2 <input type="checkbox"/> C3 <input type="checkbox"/> Stage 1*: C1 <input type="checkbox"/> C2 <input type="checkbox"/> C3 <input type="checkbox"/> Stage 2*: C1 <input type="checkbox"/> C2 <input type="checkbox"/> C3 <input type="checkbox"/> Stage 3: C1 <input type="checkbox"/> C2 <input type="checkbox"/> C3 <input type="checkbox"/> Stage 4: C1 <input type="checkbox"/> C2 <input type="checkbox"/> C3 <input type="checkbox"/> Start Racing : C1 <input type="checkbox"/> C2 <input type="checkbox"/> C3 <input type="checkbox"/> Dinghy Instructor: C1 <input type="checkbox"/> C2 <input type="checkbox"/> C3 <input type="checkbox"/> *Preferred course time: Morning: C1 <input type="checkbox"/> C2 <input type="checkbox"/> C3 <input type="checkbox"/> Afternoon: C1 <input type="checkbox"/> C2 <input type="checkbox"/> C3 <input type="checkbox"/>		
Medical conditions: e.g. allergies/medication	C1:	C 2:	C3:

If it becomes necessary for my child to receive medical treatment and I cannot be contacted by telephone or other means to authorise this, **I hereby give my consent** to any necessary medical treatment and authorise the co-ordinators of the Sail Training Week (STW) to sign any document required by the hospital authorities.

Name of Person with parental responsibility:		RMYC Member? Yes / No
Address:		
Email:	Contact phone no:	

Details of person LOCALLY who is responsible during STW and is the emergency point of contact (if different from above):

Name:		Relationship:
Address:		
Email:	Contact phone no:	



CHILDREN’S SAIL TRAINING WEEK 2026 : APPLICATION FORM CONTINUED

Please provide the names of siblings/friends that wish to be together. As stated on page 2 we will try to accommodate your request but cannot guarantee they will be together.

I hereby acknowledge that the RMYC (including the Organising Committee, its Members and Employees) shall not be liable for any loss or damage howsoever caused to my child or my property as a result of my child participating in the Sail Training Week and I hereby warrant the suitability of my child to take part.

I enclose a payment for **£250 per child** for Sail Training Week: C1 C2 C3 £ _____

I enclose my child’s Logbook or payment of **£9 for a new Logbook**: C1 C2 C3 £ _____

Total: £ _____

I consent to photos/videos to be taken of my child/children for promotional and marketing purposes

I consent to photos/videos to be taken of my child/children for Club use only

I do not consent to photos/videos to be taken of my child/children

I consent to my child/children receiving medical treatment in case of an emergency as referenced in the Health & Welfare Acknowledgement

I consent to the above data being held by the RMYC for STW administration purposes

(All applications must be accompanied by full payment and made payable to RMYC)

Signed: _____ (Person with parental responsibility) Date: _____

Please print name: _____

Please return completed form by Friday 5th June 2026

If posting application forms, logbooks, and cheques, please use the Royal Mail ‘Signed For’ or ‘Special Delivery’ service.



CHILDREN'S SAIL TRAINING WEEK : HELPER'S FORM

MONDAY 27TH JULY– FRIDAY 31ST JULY 2026

Name:

Home Tel. No:

Mobile Tel No:

Email:

Waterborne Safety

I could help the waterborne team and have the relevant qualifications and experience (please tick those which are applicable:

- Safety Boat Coxswain RYA Safety Boat Qualification
- Safety Boat Crew RYA Level 2 Qualification
- Hold Current VHF Licence
- Hold Current First Aid Certificate (Expiry Date: _____)

I do not have qualifications and experience but would like to be (please tick):

- A Safety Boat Helper (as the third crew on a safety boat)
-

Shoreside Helpers

I could help:

- To assist rigging dinghies before Sail Training Week
- Tuck Shop
- Reception (checking children in and out of sessions)
- In yard at end of Sail Training Week to put away boats & equipment (couple of hours)

Please let us know if there are any dates you cannot make:

Please return completed form by Friday 5th June 2026