



# THE ROYAL MOTOR YACHT CLUB

## SAIL REGATTA 2026

Racing will take place on Saturday 20<sup>th</sup> June 2026 for yachts in the following classes:

Shrimper 19,21, Redwing, and 'X' One Design

### SAILING INSTRUCTIONS

#### 1 RULES

- 1.1 The Regatta will be governed by the rules currently defined in the Racing Rules of Sailing 2025-2028, the class rules of each class participating and these Regatta sailing instructions.
- 1.2 The current RYA Prescriptions to the Racing Rules will apply.
- 1.3 Racing Rule 29(1) will be changed in that a circular fluorescent shape will be used in place of International Code Flag 'X' for individual recalls.
- 1.4 XOD Class boats are not required to carry flares (LED or pyrotechnic). This changes the minimum requirement stated in XOD Class Rule C,4.1d (Flares) as permitted by that Rule

#### 2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official noticeboard outside the RMYC office.
- 2.2 For **XOD's ONLY**: Parkstone Yacht Club Saturday series points score on **Race 2**.

#### 3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted from 0800 on the day it will take effect.
- 3.2 Following any change, Code Flag L will be displayed for at least 1 hour before the start.

#### 4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be made using signal halyards on the Race Deck of the RMYC.

#### 5 SCHEDULE OF RACES

Class	RACE 1		RACE 2
	<u>Warning Signal</u>	<b>Start</b>	<i>Time of First Warning Signal for the afternoon race to be notified to competitors during the lunch break by the Race Officer. Classes will start in the same order as in the morning Race 1.</i>
XOD	10:25	<b>10:30</b>	
Shrimper 19,21	10:30	<b>10:35</b>	
Redwing	10:35	<b>10:40</b>	

#### 6 CLASS FLAGS

XOD	Code flag X
Shrimper 19,21	Code flag Q
Redwing	Code flag R

#### 7 RACING AREAS

- 7.1 Racing will take place in Poole Harbour, the approaches to Poole Harbour and in Poole Bay.

#### 8 COURSES

- 8.1 Courses will be *ad hoc* according to conditions on the day.
- 8.2 Courses to be sailed will be broadcast on **VHF Ch. 37** (Ch.M), or if blocked VHF Ch. 72, at approximately 10 minutes and 5 minutes prior to the Warning Signal. The course given at the Warning Signal shall apply.



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8.3 Legs of the course will not be changed after the Preparatory Signal. This changes Rule 33.

8.4 If the course given includes more than one round of the course, yachts shall cross the **Finish Line** at the end of each round.

8.5 When courses are sailed which include marks in the Swash Channel and Poole Bay, yachts must pass **North Haven Beacon on the channel side.**

### **9 COURSE MARKS**

9.1 All marks are rounding marks unless stated to the contrary in the course.

### **10 AREAS THAT ARE OBSTRUCTIONS**

10.1 There are no specified areas of obstruction.

10.2 When a given course specifies '**North Channel**', yachts shall pass all port hand marks from **NC 4** to **NC 12** inclusive on the channel side.

### **11 THE START**

11.1 For **Race 1**, the start will be signalled from the Committee Boat, which will be anchored approximately ½ mile due south of the Ro-Ro terminal. For **Race 2** the start will either be from the Committee Boat anchored in the vicinity of the RMYC, or if wind conditions dictate, the start will be signalled from the RMYC signal deck using the RMYC start line. Start to be notified by Race Officer during lunch. It is anticipated that the first warning signal for Race 2 should be approximately 13:30hrs.

11.2 Races will be started by using Rule 26, with the Warning Signal made 5 minutes before the Starting Signal.

11.3 The Starting Marks will be an orange flag, flown on the Committee Boat, and an inflatable buoy Outer Distance Mark (ODM).

11.4 The **Start Line** is an imaginary line between an inflatable buoy and a flagpole on the Committee Boat flying the RMYC burgee and a plain **ORANGE** flag. The approximate position will be announced on VHF Ch 37 when on station. If the **RMYC Start Line** is used it is an imaginary line between the white flag staff with orange flag, situated on the RMYC race deck and the inflatable buoy (ODM) on the northwest side of the North Channel.

11.5 Boats whose warning signal has not been made should avoid the starting area during the starting sequence for other races.

### **12 THE FINISH**

12.1 The **Finish Line** for **Race 1** may be either a **Committee Boat finish line** or the **RMYC start line.**

12.2 For a **Committee Boat finish line** the boat will be anchored in the vicinity of the RMYC and will display a blue flag. The finish line will be between the staff displaying the blue flag on the committee boat and an outer distance mark.

12.3 The **Finish Line** for **Race 2 and possibly Race 1**, will use the RMYC Finish Line, which is an imaginary line between the white flag staff with an orange flag, situated on the RMYC race deck and the inflatable buoy (ODM) on the northwest side of the North Channel.

12.4 Competitors are requested to note wherever possible the identities of the boats finishing immediately ahead and astern. The Race Committee does NOT REQUIRE competitors to advise them of this information routinely, but may request it to clarify finishing positions.

12.5 For all classes, after the first 2 boats have finished, any boat behind the body of the fleet may be awarded a finishing position whilst still on the course ('**Stragglers**' rule). This shall only be at the discretion of the Race Officer.



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### **13 DURATION OF RACE**

13.1 It is intended that a course will normally be about 1½ -2 hours long.

### **14 PENALTY SYSTEM**

14.1 **XOD and Shrimper 19 ,21** classes - In accordance with Rule 44.1, the Two-Turns Penalty is replaced by the One-Turn Penalty.

14.2 **Redwings** - In accordance with Rule 44.1 and 44.2 with no variation.

### **15 PROTESTS AND REQUESTS FOR REDRESS**

15.1 Protests shall be in writing. Protest forms should be used whenever possible and are available at the RMYC office.

15.2 Protests and requests for redress shall be delivered to the RMYC office within 2 hours of the finish of the last race of the day.

15.3 Parties to a protest will be informed of the date, time and location of the protest hearing.

15.4 Breaches of Sailing Instructions 12.3 and 17.4 will not be grounds for a protest.

### **16 SCORING**

16.1 The Racing Rules of Sailing 'Low Points System' shall be used. All races are to count with no discards.

16.2 The race results will be posted on the RMYC Notice Board as soon as possible after the finish.

16.3 A trophy and/or memento will be presented to the boat gaining the winning points in each class. In addition, provided the class concerned has an entry of 6 or 7 boats, a memento will be awarded to 2<sup>nd</sup> place, and 8 or more boats, to 3<sup>rd</sup> place in each class overall.

16.4 Shrimper 19 & 21 will be scored separately.

### **17 SAFETY REGULATIONS**

17.1 Adequate personal buoyancy for crew members shall be worn or carried on board at all times. Wet suits or dry suits do not constitute adequate buoyancy.

17.2 On grounds of safety, in order to avoid risk of collision with any commercial shipping that is under way, a boat may use other means of propulsion until risk of danger has passed, without the need to retire. Such use must be reported to the Race Committee as soon as practicable.

17.3 Competitors are reminded that under Poole Harbour Bylaws, the Sandbanks Chain Ferry has right of way over all non-piloted vessels.

17.4 A yacht that retires from a race shall notify the Race Committee as soon as possible.

### **18 EQUIPMENT CHECKS**

18.1 A boat or its equipment may be inspected at any time for compliance with the respective Class Association rules and these Sailing Instructions.

### **19 RADIO COMMUNICATION**

19.1 Communication shall be on VHF Ch. 37 (Ch.'M') or if blocked, VHF Ch. 72 shall be used.

### **20 RISK STATEMENT**

Rule 3 of the Racing Rules of Sailing states; "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."



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Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew, their boat to such inherent risk while taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser, does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- g) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed, in date and is familiar to the crew, and;
- h) Their boat is adequately insured, with cover of at least £2,000,000 against third party claims.

### **21 INSURANCE**

Each participating boat shall be insured against Third Party liability to a minimum cover of £2,000,000 throughout the series.

### **22 PHC YACHT RACING CRITERIA**

The attention of all yacht skippers is drawn to the Poole Harbour Commissioners Yacht Racing Criteria, the latest version of which can be found at:

Yacht skippers must appraise themselves of the content of these guidelines and in particular the section entitled '*Guidance for Racing Yacht Skippers*'.

<https://www.phc.co.uk/wp-content/uploads/2025/08/SAIL-RACING-PROCEDURES-2025.pdf>

### **23 ENTRY TO ROYAL MOTOR YACHT CLUB**

All competitors in the Regatta are welcome at the Club during and after the racing on the 20<sup>th</sup> June.